

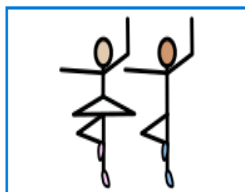


Subject Specific Vocabulary

Expression	The actions a dancer uses to make their characters thoughts or feelings known.
Creativity	Using imagination or original ideas when performing their dance actions.
Contemporary	Contemporary means current or modern.
Emotion	The feelings a dancer's character is feeling depending on their circumstances, mood, or relationships with others
motif	A series of movements that are repeated.
rhythm	is a repeated pattern of movements or sounds
choreography	is a set of sequence steps and movements that have been specifically designed for a dancer or group of dancers to performer.

Subject Specific Vocabulary

timings	The precise execution of movement.
structure	How each element is arranged.
demonstrate	To show your movements
ability	The capacity to perform skills
age appropriate	Suitable for the age group
experience	Overall journey of gymnastics
explain	To make clear, in detail



Dance

Sticky knowledge

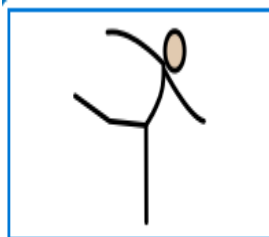
Dance styles are influenced by music choice.

Ballet often uses classical pieces

Lindy-hop is specific to swing music

Specific is particular type of dance. There are a range of different dance styles; including- contemporary, jazz, ballet, African, street, baroque, Charleston, lindy-hop

Contemporary means current or modern



Gymnastics

Sticky knowledge

Adapting is changing something for a different purpose – it can be to make something better.

Timings ensure structure. B) Timings ensure standard. C) Sequences can follow structure through timings. D) Timings help sequences flow.

Key gymnastic movements include different ways of travelling and remaining stationary.

All gymnastic movements require good balance, control and purpose.

Teaching others involves explaining and modelling something that you know how to do.

Teaching others should be pitched at an age appropriate level, to include visual demonstrations and explanations.

Combining involves everyone sharing their ideas. B) Combining involves everyone being listened to.

