



Physical Education

Handball Year 6

Unit Purpose

Pupils will consistently apply effective passes, applying **decision making** as to which pass to make and when in order to keep possession and score.

Pupils will **create** and **apply tactics** in games adapting them as the game situation changes.

Inspire Me

Cristina Neagu is a current Romanian handball player and four time IHF World Player of the Year. Cristina has suffered several serious injuries during her career, but still continues to perform at the highest level.



Key Success Criteria

- P** Pupils will apply a refined understanding of attacking skills to score points against another team, and defensive skills to regain possession.
- C** Pupils will demonstrate resourcefulness and problem solving skills by creating a range of attacking and defending tactics, applying these to their games.
- S** Pupils will effectively apply their tactics, demonstrating a clear understanding of the role each team member will perform and will ensure the team feels motivated.
- W** Pupils will constantly apply life skills such as self motivation and integrity by playing by the rules and leading others by example.

Vocabulary for Learning

Tactics: Tactics are a carefully planned set of actions that are used by a team or an individual to attain a certain goal.

Transition: is defined as the process of recognising and responding after losing or regaining possession.

Counter Attack: A counter attack is a tactic employed by the team gaining possession who immediately attack after regaining the ball from defending the opponent's attack.

High Press: A high press is a tactic applied by the defending team that defends high up the court and inside the opposition's half in an attempt to regain possession quickly.

Formations: A formation describes how the attackers and defenders position themselves on the pitch.



Sport Specific Vocabulary

Man-to-Man Marking: is a defensive tactic used where each player is assigned to defend and follow the movements of a particular player on the opposite team.

Zonal Marking: is a defensive tactic used where each player marks the space closest to them, marking whichever attacker enters their space.

