






Subject Specific Vocabulary	
phrase	Part of a sequence.
timing	Moving to the music in time
stage presence	Having personality in your performance.
motif	Structure in choreography.
choreograph	To create your routine.
character	Being a character in your dance.
remembering	To remember your routine.
improvise	Create a dance with no planning.
translate	Change ideas into movements.

Subject Specific Vocabulary	
Intercepting	When a defender cuts off and prevents a pass from reaching the receiver.
Shooting	When we hit the ball with our stick in an attempt to score a goal.
Barrier	When we receive a pass from a team member, we can lower our stick horizontal towards the ground making a barrier to control the ball.

	<h2>Sticky knowledge</h2>
	<h3>Dance</h3> <p>Phrase is a part of a sequence.</p> <p>Improvise is to perform a movement to music spontaneously, without preparation.</p> <p>Translate is to change ideas into movements.</p>
	<h3>Hockey</h3> <p>Moving to another space influences the options for attackers and defenders.</p> <p>Moving close to a team-mate can support them by providing a passing option.</p> <p>Moving away from a team-mate can support them by providing more space and time to execute a skill whilst occupying defenders.</p> <p>Working with a team-mate can cause problems for opposition, for example: one player to mark and one to hold space, ready to intercept.</p> <p>Rules are to keep the game fair and fun. Breaking a rule has consequences, for example, a player might be sent off the pitch.</p>